

# Cousineau Chiropractic Center PLLC

## Patient Intake Form

### 1 Patient Information

Date: \_\_\_\_\_

Legal Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (M.I) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Sex:  M  F

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Marital Status:

Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  Married  Divorced  Single  Widow/er

Email: \_\_\_\_\_ Primary Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Patient Employer/School: \_\_\_\_\_

Emp. Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Military Status:  N/A  Active  Marines  Navy

Height? \_\_\_\_\_ Weight? \_\_\_\_\_  Retired  Army  Coast Guard

How did you hear about us? \_\_\_\_\_  Reserve  Air Force  Space Force

### 2 Medical History

Name & Address of Primary Provider(s): \_\_\_\_\_

Date of Last: Physical Exam: \_\_\_\_\_ Spinal X-Ray: \_\_\_\_\_ Spinal Exam: \_\_\_\_\_

Chest X-Ray: \_\_\_\_\_ MRI, CT-Scan, Bone Scan: \_\_\_\_\_ Blood Test: \_\_\_\_\_ Urine Test: \_\_\_\_\_

Mark 'X' to indicate whether you have experienced any of the following (past or present) and complete the information below:

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> AIDS/HIV             | <input type="checkbox"/> Chemical Dep./          | <input type="checkbox"/> Hernia                | <input type="checkbox"/> <b>Pinched Nerve</b> |
| <input type="checkbox"/> Allergies            | <input type="checkbox"/> Alcoholism              | <input type="checkbox"/> <b>Herniated Disk</b> | <input type="checkbox"/> Pneumonia            |
| <input type="checkbox"/> Anemia               | <input type="checkbox"/> Chicken Pox             | <input type="checkbox"/> Hypertension          | <input type="checkbox"/> Prostate Problem     |
| <input type="checkbox"/> Anxiety/Dep.         | <input type="checkbox"/> <b>Clotting Dis.</b>    | <input type="checkbox"/> Kidney Dis.           | <input type="checkbox"/> Psychiatric Care     |
| <input type="checkbox"/> Appendicitis         | <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Liver Disease         | <input type="checkbox"/> Rheum. Arthritis     |
| <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Eating Dis.             | <input type="checkbox"/> Migraines             | <input type="checkbox"/> STD                  |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Emphysema               | <input type="checkbox"/> Mononucleosis         | <input type="checkbox"/> Stroke               |
| <input type="checkbox"/> Autoimmu. Dis.       | <input type="checkbox"/> <b>Epilepsy/Seizure</b> | <input type="checkbox"/> <b>MS</b>             | <input type="checkbox"/> Thyroid Dis.         |
| <input type="checkbox"/> <b>Bleeding Dis.</b> | <input type="checkbox"/> Headaches               | <input type="checkbox"/> Osteoporosis          | <input type="checkbox"/> Tuberculosis         |
| <input type="checkbox"/> Bronchitis           | <input type="checkbox"/> Heart Dis.              | <input type="checkbox"/> Pacemaker             | <input type="checkbox"/> Tumors, Growths      |
| <input type="checkbox"/> Cancer               | <input type="checkbox"/> Hepatitis               | <input type="checkbox"/> Parkinson's           | <input type="checkbox"/> Ulcers               |

Are you pregnant?  N/A |  Yes  No If 'Yes', how many weeks? \_\_\_\_\_

Other: \_\_\_\_\_

### 3 Family History

- |   |  |   |
|---|--|---|
| Autoimmu. Dis. <input type="checkbox"/> Yes <input type="checkbox"/> No | Diabetes <input type="checkbox"/> Yes <input type="checkbox"/> No          | Migraines <input type="checkbox"/> Yes <input type="checkbox"/> No    |
| Bleeding Dis. <input type="checkbox"/> Yes <input type="checkbox"/> No  | Heart Disease <input type="checkbox"/> Yes <input type="checkbox"/> No     | Osteoporosis <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Clotting Dis. <input type="checkbox"/> Yes <input type="checkbox"/> No  | High Blood Press. <input type="checkbox"/> Yes <input type="checkbox"/> No | Stroke <input type="checkbox"/> Yes <input type="checkbox"/> No       |
| Cancer <input type="checkbox"/> Yes <input type="checkbox"/> No         | Kidney Disease <input type="checkbox"/> Yes <input type="checkbox"/> No    | Thyroid <input type="checkbox"/> Yes <input type="checkbox"/> No      |

## 4 Payment/Insurance Information

Who is financially responsible for this account?  Self-Pay or  Other \_\_\_\_\_  
 If 'Other, state relationship to patient: \_\_\_\_\_

If insured, who is the main subscriber/policy holder? \_\_\_\_\_  
 Birth Date: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Primary Ins. Co. Name: \_\_\_\_\_ ID# \_\_\_\_\_ Group# \_\_\_\_\_  
 Secondary Ins. Name: \_\_\_\_\_ ID# \_\_\_\_\_ Group# \_\_\_\_\_

Is this policy associated with an  HSA  FSA  HRA  N/A

### \*Assignment and Release\*

On behalf of yourself and any patient for whom you are the parent or legal guardian, you **1)** Certify that the information on this form is accurate and up-to-date, **2)** Consent to treatment by *Cousineau Chiropractic Center*, **3)** Assign to *Cousineau Chiropractic Center*, any healthcare insurance or reimbursement benefits to which you are entitled for the care provided by *Cousineau Chiropractic Center* (other than those included in any prior agreement made in writing), including attorney fees, court costs, and other expenses of collections, **4)** Allow *Cousineau Chiropractic Center* to appeal all denials from my insurance on my behalf, **5)** Give *Cousineau Chiropractic Center* and its staff permission to contact me about my "protected health information" (PHI) via E-Mail, text, and/or call, **6)** Consent to *Cousineau Chiropractic Center* releasing any PHI as defined by Federal **Health Insurance Portability and Accountability Act (HIPAA)** regulations, for the purposes allowed by Federal and State law, and **7)** Acknowledge receipt of and **Accept** the *Cousineau Chiropractic Center's Insurance Assignment Program and Terms of Acceptance for Chiropractic Coverage* (Page 4).

\_\_\_\_\_  
 Printed name of Patient, Parent, Guardian or Personal Representative

\_\_\_\_\_  
 Signature of Patient, Parent, Guardian or Personal Representative

Relationship: \_\_\_\_\_ Date: \_\_\_\_\_

## 5 Medications

## Vitamins/Supps

## Allergies N/A

1) \_\_\_\_\_  
 2) \_\_\_\_\_  
 3) \_\_\_\_\_  
 Pharmacy: \_\_\_\_\_  
 Pharmacy Phone: \_\_\_\_\_  
 None

1) \_\_\_\_\_  
 2) \_\_\_\_\_  
 3) \_\_\_\_\_  
 Daily  Weekly  Occas.

1) \_\_\_\_\_  
 2) \_\_\_\_\_  
 3) \_\_\_\_\_  
 4) \_\_\_\_\_  
 How often do they occur?  
 \_\_\_\_\_

## 6 Physical & Trauma Information

Work Activities:  Sitting  Standing  Light Labor  Heavy Labor  Retired \_\_\_\_\_

Work Injuries:  Yes  No If 'Yes': \_\_\_\_\_

Sport Activities: \_\_\_\_\_

Sport Injuries:  Yes  No If 'Yes': \_\_\_\_\_

Motor Vehicle Accident:  Yes  No If 'Yes', when: \_\_\_\_\_

Exercise:  None  Light  Moderate  Heavy What exercise do you do?: \_\_\_\_\_

Home Injuries:  Yes  No If 'Yes': \_\_\_\_\_

Habits:  Nicotine  Alcohol  Coffee/Caffeine Drinks  High Stress Level  None

How Much?: \_\_\_\_\_

Fall:  Yes  No If 'Yes': \_\_\_\_\_

Head Injuries:  Yes  No If 'Yes': \_\_\_\_\_

Dislocation:  Yes  No If 'Yes': \_\_\_\_\_

Broken Bones:  Yes  No If 'Yes': \_\_\_\_\_

Surgeries:  Yes  No If 'Yes': \_\_\_\_\_

# 7

## Primary Complaint

The Primary Complaint is your chief complaint or most problematic.

Primary Complaint: \_\_\_\_\_

Please describe the condition: \_\_\_\_\_

When did your symptoms first appear? \_\_\_\_\_

Most recent occurrence date: \_\_\_\_\_

What do you think caused this problem? \_\_\_\_\_

Is this condition getting progressively worse?  Yes  No  Unknown

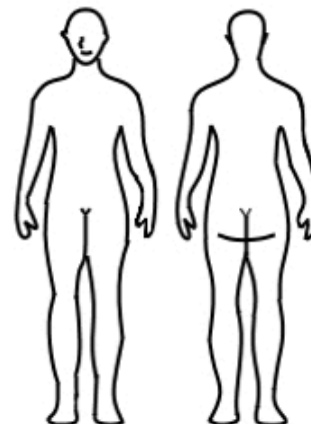
Mark an 'X' on the picture where you have pain, numbness or tingling:

Rate the severity of your pain: ...at its worse: 0 1 2 3 4 5 6 7 8 9 10

0 being Least ...at its least: 0 1 2 3 4 5 6 7 8 9 10

10 being Severe ...at present: 0 1 2 3 4 5 6 7 8 9 10

Type of Pain:  Sharp  Dull  Throbbing  Numb  Aching  Shooting  
 Burning  Tingling  Cramps  Stiffness  Swelling



Does the pain travel from one location to another?  N/A If so, from where to where? \_\_\_\_\_

How often do you have this pain?  Constantly  Comes & goes  Infrequently  Daily  Weekly  Monthly

Do activities make it worse in the AM or PM?  AM  PM  N/A

Which activities are affected by this?  Work  Sleep  Daily Routine  Recreation  N/A  
 Sitting  Standing  Walking  Bending  Laying Down

Past Treatments:  Medications  Surgery  Physical Therapy  Chiropractic Services  None

Pain Worsens With: \_\_\_\_\_ Pain Improves with: \_\_\_\_\_

Notes: \_\_\_\_\_

# 8

## Additional Complaint I

The Additional Complaint is any complaint other than your primary.

Additional Complaint: \_\_\_\_\_

Please describe the condition: \_\_\_\_\_

How often does this occur? \_\_\_\_\_

Do activities make it worse in the AM or PM?  AM  PM  N/A

Rate the severity of your pain at the present moment: 0 1 2 3 4 5 6 7 8 9 10

Type of Pain:  Sharp  Dull  Throbbing  Numb  Aching  Shooting  
 Burning  Tingling  Cramps  Stiffness  Swelling  Other: \_\_\_\_\_

Does the pain travel from one location to another?  N/A If so, from where to where? \_\_\_\_\_

How often do you have this pain?  Constantly  Infrequently  Daily  Weekly  Monthly

Which activities are affected by this?  Work  Sleep  Daily Routine  Recreation  N/A  
 Sitting  Standing  Walking  Bending  Laying Down

Past Treatments:  Medications  Surgery  Physical Therapy  Chiropractic Services  None

Pain Worsens With: \_\_\_\_\_ Pain Improves with: \_\_\_\_\_

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## Additional Complaint II

Additional Complaint: \_\_\_\_\_

Please describe the condition: \_\_\_\_\_

How often does this occur? \_\_\_\_\_

Do activities make it worse in the AM or PM?  AM  PM  N/A

Rate the severity of your pain at the present moment: 0 1 2 3 4 5 6 7 8 9 10

Type of Pain:  Sharp  Dull  Throbbing  Numb  Aching  Shooting  
 Burning  Tingling  Cramps  Stiffness  Swelling  Other: \_\_\_\_\_

Does the pain travel from one location to another?  N/A If so, from where to where? \_\_\_\_\_

How often do you have this pain?  Constantly  Infrequently  Daily  Weekly  Monthly

Which activities are affected by this?  Work  Sleep  Daily Routine  Recreation  N/A  
 Sitting  Standing  Walking  Bending  Laying Down

Past Treatments:  Medications  Surgery  Physical Therapy  Chiropractic Services  None

Pain Worsens With: \_\_\_\_\_ Pain Improves with: \_\_\_\_\_

# Cousineau Chiropractic Center, PLLC

## *Insurance Assignment Program*

It is our desire to assist our patients whenever possible. The following assignment program allows you, our patient, to receive the care you need without undue financial strain. Waiting for insurance payment is a courtesy provided by this clinic. This clinic does not promise that an insurance company will pay. It is your responsibility to:

1. Supply us with a copy of your most recent insurance card on the **first day** service is rendered. If multiple insurances are involved; all information must be received at our clinic **within 5 (Five) days**.
2. Inform our office of **any** insurance changes within timely notice. **30 (Thirty) days** is considered within this notice.
3. Pay **all** Deductibles and Copays.
4. Bring the check and EOB (Explanation of benefits) to this office within **One Week** of receipt with an endorsement to our office if you receive payment from your insurance carrier during the period of assignment. If the check is not received by this clinic, you will be solely responsible for the **Full Amount Billed**.
5. Pay all of the charges and pursue reimbursement from his/her/their insurance company in the event that the insurance company disputes or rejects the claim.

Please be advised this is a summary of plan benefits and **does not** guarantee payment by your insurance company. Benefits are subject to all plan terms, provisions, limitations, and exclusions, including any limitations or exclusions relating to pre-existing conditions, waiting periods, and/or elimination periods. Upon receipt, claims may be subject to investigation which may affect the availability and extent of benefits available. All expenses are limited by the plans usual and customary allowance and 'medical or chiropractic' necessity guidelines. Experimental treatment is **NOT** covered. The eligibility provided is the most accurate data available to us from the employer, but may not reflect the changes in status known to the employee.

## *Terms of Acceptance for Chiropractic Treatment*

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Adjustment:** An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is: apply specific adjustments of the spine.

**Health:** A state of optimal physical, mental, and social well-being, not merely the absence of disease or infirmity.

**Vertebral Subluxation:** A misalignment of one or more of the 24 (Twenty-four) vertebrae in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

**We do not** offer to diagnose or treat any disease or condition other than chiropractic problems per State of Michigan standards. However, if during the course of a chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. If you desire to be; advised, diagnosed, or treated for those findings, we will recommend that you seek services of a health care provider who specializes in that area. Regardless of what the disease is called, we do not offer to treat it, nor do we offer advice regarding treatment prescribed by others. **OUR ONLY PRACTICE OBJECTIVE** is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxations.